

SOUTHPORT SHARKS

Press Release
Immediate Release

Kids Cooking Classes at the Sharks

Calling all aspiring junior chefs aged between 5 and 9 years old! Learn how to create sensational culinary delights with a series of Junior Cooking Classes at the Southport Sharks these school holidays.

Kids can impress their friends and family by learning how to master recipes they can then recreate at home.

Southport Sharks Executive Chef Mark Connell will supervise each class and time is allocated every class for children to eat their delicious creations.

Classes begin with a general introduction and talk about OHS practices. There will be no knives used during the classes and parents are encouraged to stay and assist children, especially 5 year olds.

Children will receive all the ingredients they require to create each dish and will take home recipes, a herb plant, information sheets and a colouring competition activity.

The first class on Saturday 8th January from 9am-11am will introduce junior chefs to delicious baked dishes and desserts including cheese and bacon scrolls, mini quiches and fresh fruit trifle.

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On Monday 10th January from 4pm- 6pm, the pizza and pasta class includes mini pizzas, chicken pillows with tomato sauce and yummy berry banana split.

Snacks and lunches feature on menu on Saturday 15th January from 9am-11am. Children can learn how to create fantastic lunch box treats including filled baby potatoes, sausage rolls and mini muffins.

The final class on Monday 17th January from 4pm-6pm will be a hit, chicken and beef hamburgers and cup cake decorating is sure to inspire creative cooking.

Classes are \$29 per class for Junior Sharks Members and \$34 per class for Non-members. Bookings are essential so contact the club today on 5532 1155. Visit us on the corner of Musgrave and Olsen Avenues or log on to our website at www.southportsharks.com.au for further details.

- Ends

For all media enquiries, including interview and photo opportunities, high resolution imagery and other requests please contact info@southportsharks.com.au or phone 07 5532 1155

Southport Sharks are proud to support:

